NARCISSISM

The word narcissism originates from Greek Mythology. According to the myth, Narcissus, while going to the river to drink water, sees his own reflection in the water and falls in love with his own beauty. Having never loved or admired anyone before, Narcissus spends weeks gazing at his own reflection by the water until his life ends, consumed by admiration for his own beauty. This concept was initially used to describe feelings that particularly involved women directing their sexual impulses toward themselves with admiration (Rozenblatt, 2002). In literature, narcissistic individuals are described as individuals constantly seeking approval, with fragile self-esteem.

According to the American Psychoanalytic Association, narcissism is defined as "the psychological interest focusing on oneself" (Anlı and Bahadır, 2007).

Below are the basic characteristics of narcissistic individuals (Raskin and Terry, 1988; Ames et al., 2006; Konrath, 2008; Campbell et al., 2010; Jonason and Webster, 2010; Campbell and Miller, 2011; Jones and Paulhus, 2014):

Exhibitionism: Narcissistic individuals enjoy displaying what they have, believing that this makes them more attractive to others.

Resistance to criticism: Narcissistic individuals do not like being criticized, and receiving criticism can lead to angry reactions.

Exaggeration of qualities: Narcissistic individuals believe they possess more qualities than they actually do.

Tendency to lie: Narcissistic individuals often resort to lying to achieve their goals, present themselves as superior, or exert influence over others.

Desire to obtain power: There are unmet psychological needs at the core of narcissism. Narcissistic individuals attach great importance to gaining power to suppress these deficiencies.

Tendency to assert authority over others: Narcissistic individuals expect others to listen to and follow their words.

Selfishness: For narcissistic individuals, the end goal is more important than the path to get there. Therefore, they prioritize their interests above all else.

Tendency to belittle others: Narcissistic individuals believe they are more important and superior to others.

Desire for attention: Narcissistic individuals enjoy being the center of attention, and it is important for them that others admire them. They often exhibit behaviors to attract attention to themselves.

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