



ALTINBAS
UNIVERSITY



PARENT HANDBOOK 2025

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A Step into University

“The process of starting university is an important period in our students’ lives, and your support and guidance play a crucial role during this time. As Altınbaş University, we would like to share these important steps with you and help you manage this process in the most efficient way.”

Orientation Program

The AU101 Orientation Program, organized for our newly enrolled students, provides an opportunity to understand campus life and explore the university. Participation in this program helps students adapt to diversity and fully benefit from university resources within the framework of sustainability principles. Attendance in this program is mandatory for all newly registered students.

Academic Advising Services

We provide professional academic advising services to help our students focus on their academic success. The aim of this support is to guide them in course selection and career goals, while also collecting regular feedback to ensure continuous improvement.

Career Planning and Internship Opportunities

As part of university life, we offer a variety of career planning opportunities to support our students in achieving their career goals. These opportunities allow them to build connections with the business world and gain experience even during their studies, thereby contributing to their post-graduation success.

Parent Communication

The process of starting university is an important milestone in the lives of our students, and your support and guidance play a significant role during this period. As Altınbaş University, we want to share these important steps with you and help you manage this process in the most effective way.

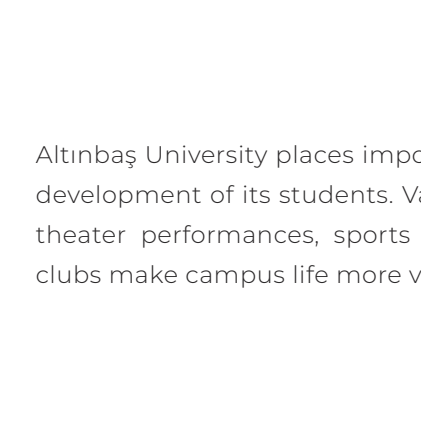


Altınbaş University is a higher education institution that stands out with its quality of education, diverse social activities, and modern campus. While focusing on the academic success of its students, we also place great importance on providing an environment that supports their personal and social development.



**Modern Campus
and Living Spaces**

Altınbaş University stands out with its modern architecture and contemporary design across its campuses. Students are offered many facilities such as spacious classrooms, laboratories, and library services. The university operates across three campuses: Mahmutbey Technology Campus (Main Campus), Gayrettepe Social Sciences Campus, and Bakırköy Health Campus.



**Campus Life
Opportunities**

Altınbaş University places importance on the social and cultural development of its students. Various activities such as concerts, theater performances, sports events, and around 65 student clubs make campus life more vibrant and enjoyable.



**Various Academic
Programs**

Altınbaş University offers a wide range of undergraduate and graduate programs. These programs provide students with opportunities to specialize in different fields and build a strong foundation for their careers. In addition, graduates of undergraduate programs at Altınbaş University receive a 50% discount if they choose to pursue their master's studies at the Graduate School of Social Sciences or Graduate School of Natural Sciences.

Dynamics of
University Life

National and International Services

Altınbaş University has numerous national and international collaborations and exchange programs. Through programs such as Erasmus, students gain the opportunity to experience different cultures and build international networks, while national collaborations provide them with professional experience even during their studies.



Diversity and Internationalization

With more than 10,000 students, over 3,000 of whom come from 88 different countries, Altınbaş University offers a rich and diverse learning environment. This multicultural setting not only strengthens academic growth but also provides unique social and personal development opportunities. International students benefit from cross-cultural collaboration, gaining a global perspective and a competitive advantage in the international arena.



Student Success Services

The university offers comprehensive career support services to help students achieve their career goals. Guidance is provided in areas such as job search strategies and career planning. Additional opportunities include peer coaching, workshops, and applied learning activities, all of which aim to enhance academic success.

Our student-centered education strategy is designed to maximize individual potential, support personal development, and create a holistic learning experience. This includes interactive classes, workshops, and project-based learning, as well as fostering social responsibility and career readiness.



Physical and Mental Health

Our University's Health Unit which prioritizes the well-being of our students, provides services on weekdays between 08:30 and 17:30 at the Mahmutbey campus. We focus on the health and wellness of our students, and we are pleased to offer services with our full-time nurse and specialist doctor, who is available on different days of the week across different campuses. Fully equipped infirmaries ensure quick responses to urgent needs.



In addition to physical health services such as blood pressure checks, dressings, and diabetes monitoring, psychological counseling is also provided. This includes support for anxiety, depression, academic stress, social difficulties, and adaptation problems. All sessions are confidential, unless a student's safety or the safety of others is at risk. Preventive services such as seminars, group sessions and educational materials are also offered.



Campus and Student Safety

Ensuring the safety and well-being of students is one of the university's top priorities. Professional security staff are present on all campuses, supported by surveillance cameras and effective lighting systems in critical areas. Emergency communication systems and regular safety drills prepare students for unexpected situations. Access control at campus entrances allows only registered students, staff, and authorized visitors.



Disciplinary Rules

Disciplinary rules ensure not only order but also a safe and supportive learning environment. Acts such as cheating damage not only academic success but also self-confidence. Students are encouraged to respect the values of the community they belong to, as this helps them grow into responsible individuals.

1

Cheating

Cheating not only undermines a student's academic success but also damages their self-confidence and trust in themselves. This act prevents students from fully realizing their potential. We encourage our students to trust in their own achievements and focus on learning.

2

Violation of Community Rules

Violating community rules can cause problems not only within the university but also in society at large. We expect our students to see themselves as part of the community they belong to and to respect its values. This will help them grow into responsible individuals.

Attendance

Attendance refers to the student's regular participation in classes. Missing classes due to health issues, personal challenges, or other reasons can negatively impact success. Each course has its own attendance policy, and students who fail to meet the required attendance level are unlikely to pass.



Disciplinary Processes

Disciplinary processes at the university are designed to provide students with opportunities to learn from their mistakes and foster positive growth. Parents are encouraged to support their children in understanding that these rules contribute to character development.



Protection of Student Information and Privacy

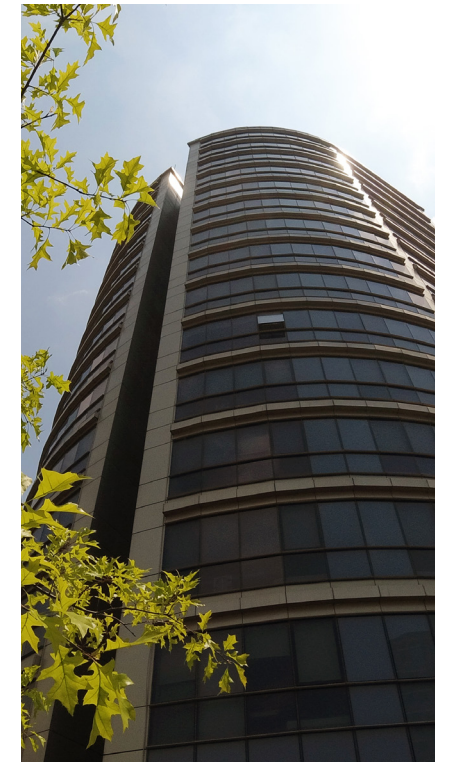
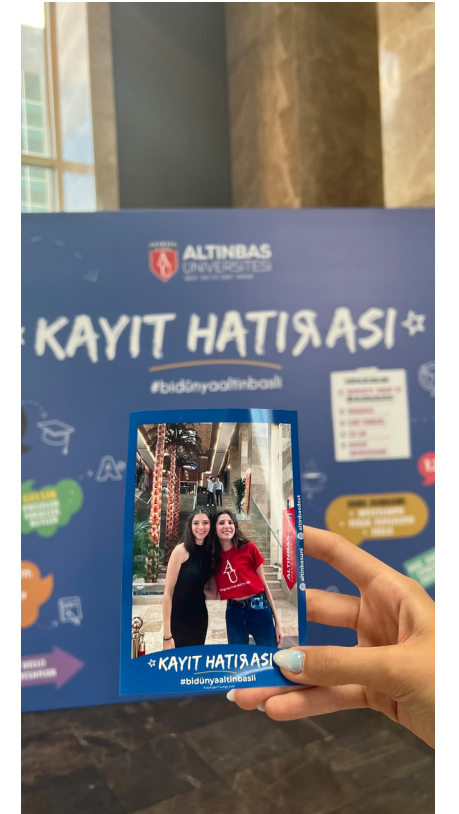
The university is committed to protecting student data in accordance with Turkish law and the Personal Data Protection Law (KVKK). Information such as grades and attendance records are treated as personal data and are not shared with third parties without the student's consent, even with parents.

Financial Matters

Tuition fees must be paid within the deadlines announced in the Academic Calendar. Students who fail to pay on time incur a 5% late fee. Payment options include:

- Cash payment at Denizbank branches (there is no discount)
- Payment through Denizbank Credit Account (10 equal installments with %20 late charge)
- Payment via student system using credit card (up to 6 installments with %15 late charge with certain bank or cash payment)

Students who do not register for the semester must complete the freeze process before the course add-drop period ends; otherwise, tuition fees for that semester will still apply. Accommodation fees for dormitories can be found at the official dormitory website.





Working Together for Success

University life is a period that accelerates students’ development as individuals. During this process, communication between parents and students plays an important role. Healthy and effective communication not only supports the student’s success but also strengthens family bonds.



Establishing an open, honest, and trustworthy communication environment between parents and students is very important. Open channels of communication make it easier to share problems and build mutual trust. Both sides should try to understand each other’s perspectives and show empathy.

Parents should try to understand the challenges and pressures their children face, while students should acknowledge their parents’ concerns and expectations. Regularly setting aside time for communication (e.g., weekly family meals or phone calls) helps strengthen relationships.

Listening attentively—not just hearing—enhances mutual understanding and helps solve problems. Clear expression of emotions and thoughts prevents misunderstandings and conflicts.

Parents should encourage and support their children’s achievements, while students should appreciate their parents’ efforts. Positive feedback increases motivation. Rather than focusing only on difficulties, families should focus on solutions. Flexibility and openness to change help improve communication and strengthen family bonds.

Being the Parent of a University Student

Being the parent of a young adult who has just entered university brings pride, excitement, and also some concerns. Your child is now choosing their own path and seeking independence. Respecting their freedom while offering emotional support helps them build self-confidence.

University life is not only an academic journey but also a period of social and emotional change. Allow them to discover themselves and understand the emotional ups and downs that come with independence, freedom, and responsibility—sometimes exciting, sometimes challenging.

Maintaining open dialogue is essential. Encourage them to share their feelings, and let them know you are there to support them in setting their own goals. Financial matters are also a new experience—help them build a solid foundation for budgeting, while also allowing them to manage their own expenses. This strengthens financial independence and prepares them for life.

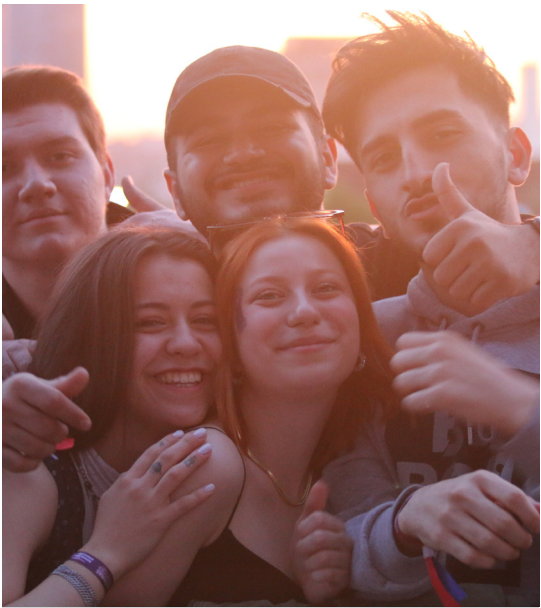


What Do They Feel?

Every new beginning brings a range of emotions. At the start of university, students usually feel excitement about new friends, classes, and opportunities. However, this excitement can also bring uncertainty and anxiety.

Academic demands such as lectures, exams, and projects may cause stress and exhaustion. Motivation loss may also occur when students struggle or lack clear goals. Parents can support them by encouraging goal-setting and effective time management.

When students achieve success, they gain self-confidence. Celebrating their progress and reinforcing positive experiences supports their emotional growth. Emotional



ups and downs are part of the process, and parental support helps students overcome challenges and build resilience.





When Should We Be Concerned?

It is natural for parents to worry about their children, but sometimes concerns may require closer attention. Warning signs include:

- 1 Withdrawal from social interactions and communication
- 2 Dramatic changes in behavior (sudden anger, extreme sensitivity, emotional outbursts)
- 3 Decline in academic performance
- 4 Frequent physical complaints (headaches, stomachaches) that may reflect emotional issues
- 5 Sleep problems (insomnia or excessive sleeping)
- 6 Difficulties in peer relationships or social isolation

If such signs appear, families should communicate openly and supportively. Seeking professional help from a psychologist or counselor can also be beneficial. Emotional health issues are often manageable with timely intervention.

A Little Bit of Your Own World

University is not only a new chapter for students but also for parents. As children gain independence, parents can also focus on their own lives—exploring new hobbies, personal interests, and goals. This transition is an opportunity for parents to grow alongside their children and enjoy the process.





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